



 **NAMI Marin County**
National Alliance on Mental Illness

Marin's Voice on Mental Illness and Recovery

555 Northgate Drive, #280
San Rafael, CA 94903

Office Hours: Monday-Friday 1-3 pm
namimarinoffice@gmail.com 415.444.0480

NAMI Marin Monthly eNewsletter - November 2015

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General Meeting



**There is no General Meeting in
November or December
Meetings resume on January 18, 2016.**

For more information call or visit NAMI Marin
415.444.0480, www.namimarin.org

Lecture Series at Rodef Sholom

***Recovery: Beyond the shadows of psychiatric
stigma, prejudice and discrimination***

**Speaker Dori S. Hutchinson, Sc.D.
with with Rabbi Michael Lezak**



Thursday, November 19, 7:00 – 9:00 pm, in the Sanctuary

Hosted by Congregation Rodef Sholom

170 N. San Pedro Road

San Rafael, CA 94903

Please RSVP to Molly at 415.479.3441 or molly@rodefsholom.org

Representatives from Buckelew, NAMI Marin and JFCS will join Dr. Hutchinson to speak to about their organization and how it supports recovery from Mental Illness in our community.

Dori S. Hutchinson, Sc.D. has worked at the Center for Psychiatric Rehabilitation at Boston University for 31 years. She currently serves as the Director of Services Division, which serves women, men and youth with serious psychiatric illnesses

Breaking the Silence; Conversations about Mental Health is a four-part speaker series focusing on resilience, reducing stigma, embracing imperfection, and building a supportive community.

[Read More >>](#)



NAMI's Free Family-to-Family Education Program

NAMI Marin is again offering a comprehensive 12-week course designed for families of individuals with severe mental illness. Course offerings include communication and coping skills for families, self care and emotional support. This course is taught by trained, experienced family member volunteers.

The class meets on Tuesdays from 7:00-9:30 pm.

The next Family to Family class is scheduled to start in January.

Call the NAMI Marin office: 1.415.444.0480 for additional information.



NAMI Marin Family Support Groups

Drop-in support groups for family members. Free of charge.

San Rafael

The second and fourth Tuesdays of each month, 6:00-8:00 p.m. with co-facilitators Kay Browne, MD and Jack Lieberman at the Enterprise Resource Center, 3270 Kerner Blvd., Building A, Suite C, San Rafael.

Novato

The first and third Wednesdays of the month from 7:00-8:30 p.m. with facilitators Martina Bedar and Kay Blackwill at United Methodist Church, Room 7, 1473 South Novato Blvd, Novato.

Español Central Marin

First and third Thursdays of each month. Call Gloria McCallister at
1.415.473.2261

For more information, please call the NAMI Marin office at
1.415.444.0480.

You are invited to the next FamFest!

Client and Family Gathering and Dinner
Coordinator, Kay Blackwill
Second Wednesday of the month, 6pm - 7:30pm
<http://namimarin.org/famfest/>



Clients and their families are invited!

November 11:
San Rafael Joe's 931 4th Street

December 9:
Celia's 1 Vivian Street

NAMI Marin Help Line

Call 415-444-0480, Ext. 0

Monday-Friday 1:00-3:00 p.m.



Volunteer family members are available to provide information about our programs and services and community mental health resources. Talk with someone who understands.

**Donna Morris, Long-time HelpLine
and General Meeting Volunteer**

Call anytime to leave a message and your call will be returned during Help Line hours.

Family Support Group Mental Health & Substance Use Services (MHSUS)



Free drop-in group held Thursdays, 7-8:30pm
250 Bon Air, Greenbrae, 1st Floor Conference Room

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| 1st Thursday | Janice Well, Mental Health Program Manager Jessy Wennick, Nurse Practitioner |
| 2nd Thursday | Maggie Dann, Nurse Practitioner Todd Paler, PES Unit Supervisor Anne Lauver, Family Partner |
| 3rd Thursday | Kathy Chestnut, Adult Case Management Supervisor Linsey Maldonado-Sciutti & Anne Lauver, Family Partners |
| 4th Thursday | Charles Saldanha, Mental Health Medical Director Kristine Kwok, LCSW Unit Supervisor |
| 5th Thursday | Ziya Dikman, STAR Program Jennifer Echo, Nurse Practitioner |

Due to schedules, the order of the facilitators may shift from time to time.

Questions? Call Access Line 1.888.818.1115.

Seeking Public Comment Mental Health Service Act (MHSA) Innovation Plan



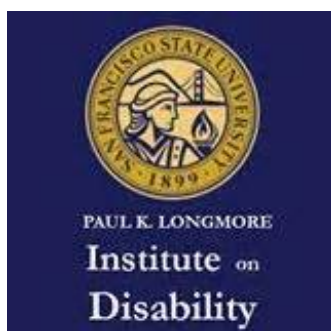
California voters passed the Mental Health Services Act (formerly Prop 63) in November 2004. Since that time Marin County Health and Human Services has been involved in planning and implementing a number of mental health service strategies.

For a copy of the proposed MHSA Innovation Plan please call: 415.473.7465 or you can find it on our website at: www.marinhhs.org/innovation

Please review the proposed MHSA Innovation Plan and post your comments on the website or you can mail comments or questions to: Kasey Clarke, County of Marin, Mental Health and Substance Use Services, 20 N. San Pedro Road, Suite 2021, San Rafael, CA 94903.

The required thirty (30) day public comment period for the proposed MHSA Innovation Plan begins on Wednesday, October 28, 2015 and ends on Sunday, November 29, 2015.

A Public Hearing for the proposed MHSA Innovation Plan will take place at the Mental Health Board Meeting on Tuesday, December 8, 2015 at 6:00 pm at 20 N. San Pedro Road, San Rafael, CA 94903 in the Point Reyes Conference Room. The public is welcome.



You're Invited!

The Institute on Disability invites you to celebrate the 25th Anniversary of the Americans with disabilities Act and explore and enjoy the exhibit, ***Patient No More***, which focuses on the Bay Area's 1977 Section 504 Occupation.

- Learn how the course of disability history and a nation were changed over 26 days in 1977.
- Explore a landmark moment in civil rights.
- Discover untold stories from protesters in the longest occupation of a federal building in US history
- Reflect on the grassroots origins of the Americans with Disabilities Act (ADA) of 1990.
- Record your own protest slogan.

The traveling exhibit will be shown on November 15 at the Contemporary Jewish Museum, San Francisco and December 1 through December 15 at the Marin County Office of Education.

Free and open to the public



We Need Volunteers!

NAMI Marin is run by 60 wonderful volunteers, we always need more! We have projects and positions with a variety of time commitments. Begin by calling our Volunteer Coordinator, Peg Super, to find a best fit for your interests and skills. Would you enjoy managing our FaceBook page, updating our HelpLine Resource List, delivering newsletters, getting the word out by public speaking or tablings, or getting trained to run one of our signature programs?

Please call Peg Super, Volunteer Coordinator to find out more
1.415.444.0480, Ext. 0

For Important Emergency/Crisis Links:

Go to www.namimarin.org/emergency



Join NAMI Marin!

Go to www.namimarin.org/join



Donate!

Support NAMI to help millions of Americans who face mental illness every day.

namimarin.org/donate

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